

NFOG 2018 workshop abstracts

1. and 8. Laparoscopy training

Organiser: Negin Jaafar, MD.
Target audience: Doctors (trainees and new specialists) with interest in laparoscopy.
Number of participants: max. 24.
Time & location: Sunday 10th June 2018 at 10-13 and 14-17, OUH Odense University Hospital.

Description: Challenging exercises for novices and residents (including newly educated specialists) in acquiring competences in laparoscopic gynecology; from basic to advanced level skills including hands-on practice in various setups including black boxes and simulators.

2. Reproductive Health and Rights in Low Income Countries - Collaborations with Nordic Countries

Organiser: Bjarke Lund Sørensen, MD, PhD
Target audience: Doctors with interest in collaboration with Low Income Countries
Number of participants: max. 24.
Time & location: Sunday 10th June 2018 at 10-13, OUH Odense University Hospital.

Description: Reproductive health and rights is under pressure in many parts of the world, particularly in low income countries that see large differences in health indicators and access to adequate health services compared to affluent countries. The Nordic countries have a long tradition for advocacy and collaboration with low income countries within this field. At this workshop examples of such collaborations will be presented, and doctors without borders and NFYOG will present possibilities for working abroad.

3. Managing menopause

Organisers: Pernille Ravn, MD, DMSc and Professor Sven Skouby, MD, DMSc & Professor Sven Skouby, MD, DMSc
Target audience: Physicians with interest in menopause
Number of participants: max 24
Time & location: Sunday 10th June 2018 at 14-17, OUH Odense University Hospital

Description: Hormonal and non-hormonal intervention in menopause. The workshop will focus on evidence and case based learning. We will use short lectures and focused work in groups. The workshop will cover:

Individual counseling – how do we adapt the results from epidemiology and randomized trials to individual counselling? How do we treat our patients with hormonal and non-hormonal interventions? How do we handle primary ovarian insufficiency and premature menopause?

4. Perineal tears and sphincter ruptures – anatomy, diagnosis, theory, suturing, and follow-up handling.

Organisers: Karl Møller Bek, MD, PhD & Sara Kindberg, Midwife, PhD.
Target audience: Doctors (both trainees and specialist) and midwives with interest in perineal tears and sphincter ruptures.
Number of participants: max. 24.
Time & location: Sunday 10th June 2018 at 10-13, OUH Odense University Hospital.

Description: Decades of experience in perineal tears and sphincter ruptures is offered in this workshop. From novices to experts operating on the female pelvic floor can be upgraded in hands-on lessons in anatomy, thorough educational exercises in diagnoses, presentations of the latest theories, tips and tricks in suturing, and best practice for follow-ups.

5. Hysteroscopy training; learn, practice, and acquire skills!

Organiser: Margit Dueholm, MD, PhD
Target audience: Doctors (both trainees and specialist) with interest in hysteroscopy.
Number of participants: max. 24.
Time & location: Sunday 10th June 2018 at 10-13, OUH Odense University Hospital.

Description: The aim of this workshop is to stimulate and elevate theoretical knowledge of hysteroscopy techniques and practical skills through expertise presentations, certified simulation training programs, and hands-on hysteroscopy training in vet-lap sessions.

6. Intrapartum ultrasound

Organisers: Geske Bak, MD, Torbjørn Moe Eggebø, Professor & Birgitte Kahrs, MD
Target audience: Doctors (both trainees and specialist) and other professionals with interest in intrapartum ultrasound
Number of participants: max 24
Time & location: Sunday 10th June 2018 at 10-13, OUH Odense University Hospital

Description: Ultrasound can be a helpful tool during labor and delivery. This workshop focuses on when and how to perform transabdominal and transperineal intrapartum ultrasound, including its use to predict successful delivery with vacuum extraction in a prolonged second stage of labor. Participants will learn how to determine fetal position and station, angle of progression, and head–perineum distance. By the end of the session, participants will know how to implement intrapartum ultrasound at their own hospital.

7. Robotic surgery - where are we today?

Organiser: Pernille Tine Jensen, MD, PhD
Target audience: Doctors (both trainees and specialist) and other professionals with interest in robotic surgery
Number of participants: max. 24
Time & location: Sunday 10th June 2018 at 14-17, OUH Odense University Hospital

Description: This workshop will update you on the latest evidence regarding the use, economics, and ergonomics of the robotic technology within benign and malignant gynecological diseases. We will discuss the use of robotic technology within new gentle surgical applications and discuss new areas of innovative use of the robotic technology.

9. Simulation-based medical education in obstetrics

Organisers: Jette Led Sørensen, MD, PhD, MEd & Tim Draycott, Obstetrician, MD, MBBS, MRCOG
Target audience: Doctors (both trainees and specialist), midwives and others interested in obstetric simulation.
Number of participants: max 12
Time & location: Sunday 10th June 2018 at 14-17, OUH Odense University Hospital

Aim: To discuss principles of simulation-based learning in maternity care and to share ideas on planning and managing locally based obstetric simulation-based training programs. Attendees will also observe and participate in hands-on practical sessions of simulated obstetric emergencies.

Content:

- Introduction to local training and discussion on benefits of local multi-professional training in the UK and Denmark.
- How to design and plan multi-professional simulation training – discussion of challenges and barriers.
- Hands-on practical demonstration of obstetric emergencies training including normal birth, shoulder dystocia and team based simulation such as postpartum haemorrhage, maternal sepsis & impacted head in the 2nd stage of labour using patient actors and high-fidelity models e.g. PROMPT Flex and MamaBirthie

Organising committee: Obstetrician, Ass. Professor, MD, MMED, PhD Jette Led Sørensen (Denmark), Obstetrician, MD, MBBS, MRCOG Tim Draycott (UK), Research Midwife, RN/RM, PhD, Signe Egenberg (Norway), Research Midwife, RN/RM Cathy Winter (UK).

10. Colposcopy. Underestimation or overtreatment – Is more always better?

Organiser: Lone Kjeld Petersen, MD, DMSc
Target audience: Doctors (both trainees and specialists) with interest in colposcopy.
Number of participants: max. 24.
Time & location: Sunday 10th June 2018 at 14-17, OUH Odense University Hospital.

Description: This workshop will deal with controversies in the handling of cervical neoplasia including the practical performance of colposcopic procedures and the reliability of colposcopic examinations. New techniques will be presented. Moreover, evidence based programs for examination, treatment and control will be discussed.

11. Infections in obstetrics and gynaecology: The Vagina, "It gets no respect" (Subtitle: "Döderlein, Dukas and DNA")

Organisers: Professor Ronnie Lamont and Professor Per-Goran Larsson
Target audience: Doctors (both trainees and specialist), midwives and others interested in infections in obstetrics and gynaecology
Number of participants: max 24
Time & location: Sunday 10th June 2018 at 14-17, OUH Odense University Hospital

CONTENT:

When you complete this workshop, you will understand the contribution that new, molecular-based, culture-independent technology has made to our understanding of healthy and abnormal vaginal microbiota compared to that using traditional culture-dependent techniques.

AREAS TO BE COVERED:

Historical Aspects of genital tract microbiota, Lactobacilli and Probiotics, The Bacterial Vaginosis Syndrome, Management of Vaginal discharge (The Heart-sink Patient), Microscopy and molecular based diagnostic tools, Management of recurrent bacterial vaginosis or vulvovaginal candidiasis

Both Professor Ronnie Lamont and Professor Per-Goran Larsson are hugely experienced clinically and academically and are recognised internationally in this area of research. You will find their input entertaining as well as instructive.

12. Gynecological ultrasound: theory, practice and pitfalls

Organisers: Abelone Sakse, MD, PhD, Eva Dreisler, MD, PhD & Dorthe Hartwell, MD, PhD.
Target audience: Doctors (both trainees and specialists) with interest in ultrasound.
Number of participants: max. 24.
Time & location: Sunday 10th June 2018 at 10-13, OUH Odense University Hospital.

Description: Obstetricians and gynecologists all use ultrasound. In order to understand each other we need to speak the same language. This workshop will give an update on what to look for and how to describe what we see. It will give an introduction to the international endometrial tumor analysis (IETA), the international ovarian tumor analysis (IOTA), and the morphological uterus sonographic assessment (MUSA) and the international deep endometriosis analysis (IDEA) terms and definitions. The participants will be guided through a systematic transvaginal ultrasound examination using the different descriptions.

13. Health technology and telemedicine – a look into the not-so-distant future of digital health services

Organisers:	Chief innovation consultant Claus Duedal Pedersen, OUH Odense University Hospital. Center for Innovative Medical Technology, Odense University Hospital and University of Southern Denmark
Target audience:	Professionals with interest in e-Health and innovative solutions within the medical system
Number of participants:	max 50
Time & location:	Sunday 10 th June 2018 at 14-17, Odense

Description: This workshop will introduce the participants to the latest trends and discoveries in health technology and what's on the horizon in the foreseeable future. At the workshop you will get a chance to hear experts in the field discuss challenges and opportunities as well as see practical examples of research projects using digital technologies to communicate with patients and deliver health services in the field of gynecology and obstetrics. In addition to this, the workshop will give insight into the current process of updating the medical records systems in three of the Danish regions and how this affects the patients and clinical staff.

14. Gynaecological disorders in adolescents

Organiser:	Kresten Rubeck Petersen, MD, DMSc
Target audience:	Physicians with interest in adolescent health and disorders
Number of participants:	max 24
Time & location:	Sunday 10 th June 2018 at 14-17, OUH Odense University Hospital

Description: Gynecological problems are common in adolescence ranging from severe anatomical and endocrinological disorders with profound impact on later reproductive health to transient but disturbing menstrual disturbances.

This workshop will discuss the following topics:

- Disorders of pubertal development- how to distinguish natural variation from disease?
Katharina Main, Denmark
- Polycystic ovarian syndrome - does it really exist in adolescents?
Eszter Vanky, Professor, Norway
- Contraception in adolescents - more than oral contraceptives?
Kristina Gemzell-Danielsson, Professor, Sweden
- Menstrual problems in adolescents - what is the right approach?
Margit Dueholm, Consultant, Ph.D., Denmark